

## Supervised Access Program

Supervised Access is part of a full range of counselling, education and support services offered by Family Services Ottawa.

More information is available at:  
[www.familyservicesottawa.org](http://www.familyservicesottawa.org)

Your contribution can make a difference.  
Please call (613) 725-3601 to  
find out how you can help.





**When parents separate or divorce, visits or exchanges with the children may become difficult. Parents may prefer, or the court may order, that the children's visits or exchanges be mediated by a neutral third party to allow for a safer, less conflictual experience for the children and their parents.**

The Supervised Access Program is essentially a service for children.

- ☑ Parties must complete and return separate application forms
- ☑ Parties are contacted and interviewed separately
- ☑ Children complete an orientation to the Supervised Access site

### What is Supervised Access?

Supervised Access offers a safe, neutral and child-focused setting for children to visit with their parent or relative under the supervision of trained visit monitors. We provide an opportunity for children and non-custodial parents/ relatives to maintain, rebuild or establish relationships through regular scheduled supervised visits or exchanges. Parties arrive and depart at staggered times to ensure there is no contact.

*Program fees are based on a sliding scale and are assessed based on income. Unless specified in a court order, both parties pay a fee for service.*

### Visits:

Visits are two hours in duration every second week at one of two central Ottawa locations. *Visit times are available on Saturdays and Sundays. Visit monitors accompany children throughout the visit, providing supervision and intervention where necessary*

### Exchanges:

*Exchanges can last for a couple of hours, overnight, for the weekend or over a week. Exchanges take place on Saturdays or Sundays. During an exchange, only the drop-off and pick-up time is supervised.*

**For more information about the Supervised Access Program, contact the Program Coordinator at (613) 725-3601 ext. 175**

**or check out our website at [www.familyservicessottawa.org](http://www.familyservicessottawa.org)**