

## YEAR AT A GLANCE

### FALL – 2016

Just For Dads...*the nuts and bolts of parenting*: Wednesdays, Sept. 14 – Nov. 2  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 7- 9 yrs): Wednesdays, Oct. 5 – Nov. 30  
6:00 - 7:30

You're not the boss of me... positive discipline for 0-12 yr olds: Mondays Oct. 17 – Nov. 21 (Oct. 31 excluded)  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: Tuesdays Sept. 20 – Oct. 25  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: Thursdays, Sept. 22 – Oct. 27  
6:30 – 8:30

C.A.S – Parenting with Confidence: Wednesdays, Nov. 16 – Jan. 25 (Dec. 28 excluded)  
6:30 – 8:30

Discipline that Doesn't Hurt...*anyone*: Thursdays, Nov. 17. – Dec. 15  
6:30 – 8:30

Parenting your Anxious Child: Tuesdays, Nov. 29, Dec. 6, Dec. 13  
6:30 – 8:30

### WINTER - 2017

Effective Parenting through Positive Discipline SEMINAR: Thursday Jan. 26  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 10-12 yrs.): Wednesdays, Jan. 25 – March 29 (March 15 excluded)  
6:00-7:30

# parenting edge

## WINTER continued

Parenting through **high conflict** Separation and Divorce: **Tuesdays, Jan. 31 – March 7**  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: **Thursdays, Feb. 2 – March 9**  
6:30 – 8:30

Just for Dads... *the nuts and bolts of parenting*: **Wednesdays, Feb. 8 – Apr. 5, (March 15 excluded)**  
6:30 – 8:30

You're not the boss of me... positive discipline for 0-12 yr olds: **Mondays, Feb. 27 – Apr. 3 (Mar. 13 excluded)**  
6:30 – 8:30

## SPRING - 2017

Parenting your Anxious Child SEMINAR: **Thursday March 23**  
6:30 – 8:30

Anger Management...*especially for parents*: **Tuesdays, Mar. 28 – May 2**  
6:30 – 8:30

Teens... the great parenting challenge SEMINAR: **Thursday April 13**  
6:30 – 8:30

C.A.S - Parenting with Confidence: **Wednesdays, April 19 – June 21**  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 7-9 yrs.): **Wednesdays, April 12 – June 7**  
6:00-7:30

Parenting your Anxious Child: **Tuesdays, May 9, 16, 23**  
6:30 – 8:30

Discipline that Doesn't Hurt... *anyone*: **Mondays, May 1 - June 5 (May 22 excluded)**  
6:30 – 8:30