

TRANSITIONAL AND HOUSING PROGRAMS

Are you a woman who:
has left or
is thinking of leaving
an abusive relationship?
feels your safety is at risk?
feels isolated?
does not know
where to begin?



OCTEVAW
Ottawa Coalition To End Violence Against Women

CONFIDENTIAL AND FREE

Agencies providing Transitional Support and Housing Programs

Carlington Community and Health Services
(613) 722-4000 ext. 307 (bilingual) TTY (613) 761-7633

Catholic Family Service Ottawa
.....(613) 233-8478 (bilingual) TTY (613) 233-1866

Eastern Ottawa Resource Centre
.....(613) 741-6025 (bilingual) TTY (613) 741-3556

Family Services à la famille Ottawa
.....(613) 725-3601 ext. 210 TTY (613) 725-3605

Immigrant Women Services Ottawa
.....(613) 729-3145

Minwaashin Lodge (Aboriginal Women)
.....(613) 741-5590 ext. 233 or ext. 226

Western Ottawa Community Resource Centre
.....(613) 596-5626 (bilingual) TTY (613) 591-0484

Shelters providing Transitional Support and Housing Programs

Chrysalis House.....(613) 591-5901 ext. 243
.....TTY (613) 591-8912

Interval House.....(613) 234-8511
.....TTY (613) 234-5393

Lanark County Interval House 1-800-267-7946

Maison d'Amitié(613) 747-0020
.....TTY (613) 747-9116

Nelson House(613) 225-3129
.....TTY (613) 225-4653

Harmony House(613) 233-3386

La Présence(613) 241-8297

Oshki Kizis Lodge (Aboriginal Women) (613) 789-1141

Evelyn Horne Emergency and Transitional Housing
(Young Women)..... (613)-789-8220

We help with practical supports such as:

- referral to shelter
- safety planning
- finding and maintaining housing
- advocating for your rights
- accessing basic financial assistance
- court support
- accompaniment to appointments
- connecting you and your children to community support services
- language interpretation

We serve women:

- of all cultures, religions, ages, and sexual orientations
- who have left or are still with their partner
- who would like to know more about abusive relationships

Produced by OCTEVAW,
Ottawa Coalition to End Violence Against Women
with funding from
the Ministry of Community and Social Services

Call (613) 725-3601, ext. 105 to obtain more copies.

www.octevaw-cocvff.ca