

JOB INFORMATION

PSYCHOTHERAPIST, QUICK RESPONSE COUNSELLING

OVERALL PURPOSE / MAIN FUNCTION

FSO will provide Quick Response Counselling (QRC), serving as the primary center for individuals with mild to moderate mental health challenges who have accessed the Emergency Department (ED), and who have been identified by Familiar Faces (FF) as candidates that will benefit from immediate psychotherapy intervention. Services will focus on building resiliency and decreasing clients accessing costlier ER/ hospital services. Primary treatment interventions will be strength-based, building on evidenced-based practice in brief therapy, using recovery models, neuroscience research, and mindfulness approaches, and delivered using individual and potentially group therapy approaches.

MAJOR RESPONSIBILITIES

1. Psychotherapy Services: (60 % direct services)

- Provides professional psychotherapy services to individuals living with a moderate to serious /persistent mental health challenge including assessment, treatment
- Psychotherapy services are provided using a variety of evidenced informed intervention methodologies based on assessment of client needs and planned psychotherapy goals established with the client
- Provides referrals to additional resources and collateral collaboration for clients, as required
- May lead and/or co-lead groups
- May provide advocacy services on behalf of a counselling client or group of clients

2. Support Work

- Attends psychotherapist program team meetings
- Attends FSO staff meetings and professional development meetings
- Participates in psychotherapy supervisory sessions and peer consultation sessions
- Attends other meetings as required

TITLE:

**Psychotherapist,
English essential (18-
month Maternity Leave
Replacement, starting
end of October 2018)**

REPORTS TO:

**Director, Counselling
Programs**

TEAM:

**Quick Response
Counselling (QRC)**

LOCATION:

**Family Services Ottawa
(FSO)**

HOURS OF WORK:

**35 hours/week (evening
and weekend may be
required)**

UNION/NON-UNION:

Union; salary level 5

CLOSING DATE:

**Friday September 7th
2018 at 5:00pm**

APPLY TO:

careers@familyservicesottawa.org

3. Administration and agency duties

- Maintains accurate files, case records and statistical data as required by the agency and funders
- Prepares correspondence as required
- Prepares project reports, under direction of the program director
- Completes administration duties as required for agency and personnel records
- May participate in internal agency committees and/or Board committees including union/management committees
- Other duties as required

STATEMENT OF QUALIFICATIONS

I. Education & Knowledge

- Completion of a Masters in Social Work (M.S.W.), Masters in Psychotherapy or equivalent degree.

II. Experience

- Three years of direct psychotherapy experience (short term psychotherapy) working with individuals and families with mild to moderate mental health challenges

III. Knowledge

- Demonstrated knowledge of risk factors and risk assessment
- Demonstrated knowledge of resources and services available to clients
- Demonstrated knowledge of professional standards and ethical guidelines for social workers and psychotherapists
- Demonstrated knowledge and understanding of the culture, history and current oppressions experienced by people related to moderate mental health challenges

IV. Skills

- Demonstrated communication skills (written and verbal)
- Demonstrated skills in working as a team and within a team approach
- Demonstrated skills in working with diverse groups of people
- Demonstrated assessment skills
- Demonstrated skills in analysis of individuals and systemic issues impacting clients
- Strong organizational and planning skills
- Technical and computer skills including MS Word, PowerPoint and client databases

V. Abilities

- Demonstrated ability to work with complex issues and trauma
- Demonstrated ability to take initiative
- Demonstrated ability to work independently within team/program guidelines and best practices
- Demonstrated ability to maintain respectful, collaborative and professional approach/standards with clients and colleagues

VI. Languages

- Excellent oral and written communication skills in English required

VII. Physical Demands

- Psychotherapy services are provided in an office setting. The position requires a minimal amount of physical activity, such as lifting. The services are primarily provided sitting down, or standing for group/community programming.

VIII. Working Conditions

- Psychotherapy services are provided in private confidential office space. Limited travel may be required relevant to the location of the services provided.

IX. Certification/Licensing/Specialized Training

- Must be a member in good standing with a regulated health college as per current standards for practicing social work, or psychotherapy (i.e. CRPO, OCSWSSW)

ADDITIONAL QUALIFICATIONS

- Fluency in other languages is an asset
- Demonstrated experience working with concurrent disorders

FSO is committed to employment equity and diversity in the workplace and welcomes applications from women, members of racialized groups/visible minorities, Aboriginal persons, persons with disabilities, persons of any sexual orientation, and persons of any gender identity or gender expression. FSO is committed to ensuring that each individual will have genuine, open and unhindered access to employment opportunities.

Accommodations are available for applicants with disabilities throughout the recruitment process. If you require accommodations for interviews or other meetings, please contact us.

While we thank all candidates for their interest, only those selected for an interview will be contacted