

JOB INFORMATION
PSYCHOTHERAPISTS,
COUNSELLING PROGRAMS

FSO is currently undergoing a period of growth and program revitalization, thus, we are accepting applications for Psychotherapists in the below programs.

AVAILABLE PSYCHOTHERAPIST POSITIONS

- Quick Response Counselling (permanent, full-time bilingual essential)
- Quick Response Counselling (maternity leave replacement, full-time – 18 months)
- Quick Response Counselling (temporary contract, full-time – 3 months)
- Walk-In Counselling Clinic (permanent, part-time Tuesdays & Saturdays)
- General Counselling, Couples & Families (permanent, full-time)

EXTERNAL POSTING PERIOD FOR ALL POSITIONS

Wednesday December 12th – Monday December 31st 2018

FSO is committed to employment equity and diversity in the workplace and welcomes applications from women, members of racialized groups/visible minorities, Aboriginal persons, persons with disabilities, persons of any sexual orientation, and persons of any gender identity or gender expression. FSO is committed to ensuring that each individual will have genuine, open and unhindered access to employment opportunities. Accommodations are available for applicants with disabilities throughout the recruitment process. If you require accommodations for interviews or other meetings, please let us know.

While we thank all candidates for their interest, only those selected for an interview will be contacted

TITLE:

Psychotherapist

REPORTS TO:

Clinical Manager

TEAM:

Mental Health Programs

LOCATION:

**Family Services Ottawa
(FSO)**

HOURS OF WORK:

**Varying hours of work
(some evening and
weekend work may be
required)**

UNION/NON-UNION:

Unionized positions

CLOSING DATE:

**Monday December 31st
2018**

APPLY TO:

careers@familyservicesottawa.org

Psychotherapist, Quick Response Counselling

Job Title: Psychotherapist (3 positions)

Program: Quick Response Counselling

Hours: 35 hours/week

Level: 5

Overall Purpose / Main Function

FSO provides Quick Response Counselling (QRC), serving as the primary center for individuals with mild to moderate mental health challenges who have accessed the Emergency Department (ED), and have been identified as candidates that will benefit from immediate psychotherapy intervention. Services will focus on building resiliency and decreasing clients accessing costlier ER/ hospital services. Primary treatment interventions will be strength-based, building on evidenced-based practice in brief therapy, using recovery models, neuroscience research, and mindfulness approaches, and delivered using individual and potentially group therapy approaches.

Psychotherapists (part-time), Walk-In Clinic

Job Title: Psychotherapist (permanent, part-time Tuesdays & Saturdays)

Program: Quick Response Counselling

Hours: Up to 13 hours/week

Level: 5

Overall Purpose / Main Function

FSO provides Walk-In Counselling services for individuals with mild to moderate mental health challenges. Therapy occurs in a single-session format (1.5 hours) following a narrative therapy treatment intervention framework. Therapists are supported by team based reflective practice model during each clinic.

Psychotherapists, General Counselling

Job Title: Psychotherapist (permanent, full-time)

Program: General Counselling

Hours: 35 hours/week

Level: 5

Overall Purpose / Main Function

FSO requires a psychotherapist to provide therapy services for couples and families. Counsellor will be required to work some evenings. Preference is for candidates with demonstrated training experience in both couples and family counselling.

MAJOR RESPONSIBILITIES FOR ALL POSITIONS

Counselling Services: (60 % direct services)

- Provides professional counselling services to individuals living with a moderate to serious /persistent mental health challenge including assessment, treatment
- Counselling services are provided using a variety of evidenced informed intervention methodologies based on assessment of client needs and planned counselling goals established with the client
- Provides referrals to additional resources and collateral collaboration for clients, as required
- May lead and/or co-lead groups
- May provide advocacy services on behalf of a counselling client or group of clients

Support Work

- Attends counselling program team meetings
- Attends FSO staff meetings and professional development meetings
- Participates in counselling supervisory sessions and peer consultation sessions
- Attends other meetings as required

Administration and agency duties

- Maintains accurate files, case records and statistical data as required by the agency and funders
- Prepares correspondence as required
- Prepares project reports, under direction of the program director
- Completes administration duties as required for agency and personnel records
- May participate in internal agency committees and/or Board committees including union/management committees
- Other duties as required

QUALIFICATIONS FOR ALL POSITIONS

- Completion of a Masters in Social Work (M.S.W.), Masters in Psychotherapy or equivalent degree.
- Three years of direct psychotherapy experience (preferred) working with individuals, couples, and families with mild to moderate mental health challenges
- Demonstrated assessment skills
- Demonstrated skills in analysis of individuals and systemic issues impacting clients
- Demonstrated ability to work with complex issues and trauma (trauma informed approach)
- Demonstrated knowledge of risk factors and risk assessment
- Demonstrated knowledge of resources and services available to clients
- Demonstrated knowledge of professional standards and ethical guidelines for social workers and psychotherapists
- Demonstrated knowledge and understanding of the culture, history and current oppressions experienced by people with mental health challenges
- Demonstrated skills working as a team member
- Demonstrated skills in working with diverse groups of people
- Strong organizational and planning skills
- Technical and computer skills including MS Word, PowerPoint and client databases
- Demonstrated ability to take initiative
- Demonstrated ability to work independently within team/program guidelines and best practices
- Demonstrated ability to maintain respectful, collaborative and professional approach/standards with clients and colleagues
- Excellent oral and written communication skills in English and French preferred
- Psychotherapy services are provided in an office setting. The position requires a minimal amount of physical activity, such as lifting. The services are primarily provided sitting down, or standing for group/community programming.
- Psychotherapy services are provided in private confidential office space. Limited travel may be required relevant to the location of the services provided.
- Must be a member in good standing with a regulated health college as per current standards for practicing social work, or psychotherapy (i.e. CRPO, OCSWSSW)

ADDITIONAL QUALIFICATIONS FOR ALL POSITIONS

- Fluency in other languages is an asset
- Demonstrated experience working with concurrent disorders
- Demonstrated experience working with clients who identify as LGBTTQ+