

## YEAR AT A GLANCE

### FALL – 2015

Just For Dads...*parenting when you're single*: Wednesdays, Sept.16 – Nov.4  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 7- 9 yrs): Wednesdays, Oct. 7 – Dec. 9  
(November 11 excluded)  
6:00 - 7:30

You're not the boss of me... positive discipline for 0-12 yr olds: Tuesdays, Oct.13 – Nov. 10  
6:30 – 8:30

Parenting through Separation and Divorce: Thursdays, Oct. 15 – Nov. 12  
6:30 – 8:30

C.A.S – Parenting with Confidence: Wednesdays, Nov. 18 – Jan. 20  
6:30 – 8:30

Discipline that Doesn't Hurt...*anyone*: Thursdays, Nov. 19 – Dec. 17  
6:30 – 8:30

Parenting your Anxious Child: Tuesdays, Nov. 24, Dec 1, Dec. 8  
6:30 – 8:30

### WINTER - 2016

Effective Parenting through Positive Discipline SEMINAR: Thursday Jan. 28  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 10-12 yrs.): Wednesdays, Jan. 27 – March 30  
(March 16 excluded)  
6:00-7:30

# parenting edge

## WINTER continued

Parenting through **high conflict** Separation and Divorce: **Tuesdays, Feb. 2 – March 8**  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: **Thursdays, Feb. 4 – March 10**  
6:30 – 8:30

Just for Dads...*parenting when you're single*: **Wednesdays, Feb. 3 – March 23**  
6:30 – 8:30

Parenting your Anxious Child SEMINAR: **Wednesday, Feb. 17**  
6:30 – 8:30

You're not the boss of me... positive discipline for 0-12 yr olds: **Mondays, Feb. 22 – March 28 (Mar. 14 excluded)** 6:30 – 8:30

## SPRING - 2016

Teens... the great parenting challenge SEMINAR: **Thursday April 14**  
6:30 – 8:30

C.A.S - Parenting with Confidence: **Wednesdays, April 13 – June 15**  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 7-9 yrs.): **Wednesdays, April 13 – June 8**  
6:00-7:30

Parenting your Anxious Child: **Tuesdays, May 10, 17, 24**  
6:30 – 8:30

Anger Management...*especially for parents*: **Mondays, May 2 – June 13 (May 23 excluded)**  
6:30 – 8:30

Discipline that Doesn't Hurt... *anyone*: **Thursdays, May 5 - June 2**  
6:30 – 8:30