

## YEAR AT A GLANCE

### FALL – 2018

Just For Dads...*the nuts and bolts of parenting*: Mondays, Sept. 17 – Nov. 12 (Oct. 8 excluded)  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: Wednesdays, Sept. 19 – Oct. 24  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: Thursdays, Sept. 20 – Oct. 25  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 10-12 yrs): Wednesdays, Oct. 3 – Dec. 5  
(Oct. 31 excluded) 6:00 – 7:30

You're not the boss of me... positive discipline for 0-12 yr olds: Mondays, Oct. 15 – Nov. 19 (Oct 29 excluded) 6:30 – 8:30

Discipline that Doesn't Hurt...*anyone*: Thursdays, Nov. 1 – Nov. 29  
6:30 – 8:30

C.A.S – Parenting with Confidence: Tuesdays, Nov. 13 – Jan. 29 (Dec. 25 and Jan. 1 excluded)  
6:30 – 8:30

Parenting your Anxious Child: Tuesdays, Oct. 23, Oct. 30, Nov. 6  
6:30 – 8:30

### WINTER – 2019

Effective Parenting through Positive Discipline SEMINAR: Thursday Jan. 24  
6:30 – 8:30

# parenting edge

## **WINTER** continued

Parenting through **high conflict** Separation and Divorce: **Wednesdays, Jan. 30 – March 6**  
6:30 – 8:30

Parenting through **high conflict** Separation and Divorce: **Thursdays, Jan. 31 – March 7**  
6:30 – 8:30

Just for Dads... *the nuts and bolts of parenting*: **Thursdays, Feb. 7 – Apr. 4, (March 14 excluded)**  
6:30 – 8:30

## **SPRING – 2019**

You're not the boss of me... positive discipline for 0-12 yr olds: **Mondays, March 18 – Apr. 15**  
6:30 – 8:30

FRIENDS for Life (anxiety prevention program for children 7-9 yrs.): **Wednesdays, March 20 – May 15**  
6:00-7:30

Anger Management...*especially for parents*: **Mondays, March 21 – April 25**  
6:30 – 8:30

C.A.S - Parenting with Confidence: **Mondays, April 22 – June 24 (May 20 excluded)**  
6:30 – 8:30 \* 9wks

Discipline that Doesn't Hurt... *anyone*: **Thursdays, May 2 – May 30**  
6:30 – 8:30

Parenting your Anxious Child: **Wednesdays, May 15, May 22, May 29**  
6:30 – 8:30

Teens... the great parenting challenge SEMINAR: **Thursday June 6**  
6:30 – 8:30