

## **Family Services Ottawa Board of Directors Recruitment: Spring 2019**

Family Services Ottawa (FSO) has an opportunity for two individuals to join our Board. The Board of Directors provides strategic direction to FSO that is in alignment with the mission and vision, ensuring excellent financial oversight, legal and ethical integrity, and overall accountability.

We are looking for people that are passionate about making a difference in our community, who share our commitment to inclusivity and want to work with us to build a community where families and individuals are strong and resilient, and have the supports they need to live healthy, fulfilling lives.

### **About Family Services Ottawa:**

A registered charity and incorporated not for profit, FSO has been serving vulnerable individuals and families marginalized due to mental health challenges, social, economic and cultural circumstances since 1914:

- 70% below the poverty line
- 25% live in supportive housing
- 12% are new Canadians
- 70% have NO other access to mental health support

FSO provides Ottawa's walk-in counselling centre for all ages and a wide range of mental health services -from intervention based programming like counselling and support groups, to court mandated services to prevention based programs that provide education on parenting, healthy relationships, anti- violence, and anti-bullying.

### **Our Vision**

A community where families and individuals are strong and resilient, and have the supports they need to lead healthy, fulfilling lives.

### **Our Mission and Mandate**

We provide services and programs that help make lasting improvements in people's lives. To achieve this we:

- Welcome individuals and families in all their forms
- Provide a wide range of counselling services and educational and supportive programs to enhance mental health

- Collaborate with others who share our vision
- Advocate for changes that will help make everyone's lives better

**Our Impact**

FSO will help children, adults and their families have improved mental health, emotional well-being, and social connection, resulting in increased resilience

**Expectations of Board members:**

- Initial three (3) year commitment
- Attend regular Board meetings, held at 5:00 pm on the last Tuesday of each month.
- Be prepared and engaged at Board meetings
- Support occasional fundraising activities throughout the year, including our autumn event: *Music on a Mission*
- Participate on committees/working groups
- Time commitment: 4 hours /month (on average)

**Competencies/ Attributes that matter to us:**

- Integrity
- Leadership
- Strategic thinking
- Engaged participation
- Strong communicator
- Collaborative
- Inclusivity

**FSO is specifically looking for candidates with experience in the following areas:**

- Financial management and oversight
- Fundraising – both corporate and individual giving
- Media/Communications/brand-building
- Health Services & Government Relations

**To Apply:**

Please email your résumé and cover letter, describing your interest to:

**Nominating Committee**

c/o Deirdre Speers, Executive Director : [dspeers@familyservicesottawa.org](mailto:dspeers@familyservicesottawa.org)